

# Michigan Wedding Diet

Contributed by Administrator  
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If you need to lose a few pounds before your wedding day, [Click Here!](#)

Amy dreamed of walking down the aisle in her grandmother's vintage wedding dress. Her grandmother's vintage size 6 wedding dress.

So for months, Amy exercised religiously. Followed a strict diet. Even shelled out big bucks for diet pills. At first, the weight loss was smooth and steady. But after a few weeks, everything came to grinding halt and the scale refused to budge.

She was devastated. Amy just wanted to lose those last 10 pounds but nothing seemed to work. Now it was too late to find another wedding dress and she already told everyone about her grandmother's stunning hand-pearled gown. They were expecting to see that dress. She broke down in tears when she came to the chilling realization that... [Read More Here!](#)